

Result 2

Atlas of Good Practices The Whole City Learns

Project: Urban Learning – Intergenerational exchange of knowledge
and experience for the development of cultural competences

No: 2020-1-PL01-KA204-082183

Cooperation for Innovation and the Exchange of Good Practices



**URBAN LEARNING - INTERGENERATIONAL EXCHANGE OF KNOWLEDGE AND EXPERIENCE
FOR THE DEVELOPMENT OF CULTURAL COMPETENCES**

2020-1-PL01-KA204-082183



The main aim of the project is to increase the capacity of the organization to offer education and experience exchange activities to seniors in order to strengthen European identity through Urban Learning.



The objectives of the project:

- ➔ **Exchange of good practices in the field of Urban Learning**
- ➔ **Strengthening the competences of educators with regard to the intergeneration exchange of knowledge and experience**
- ➔ **Increasing the capacity of the organisation to act at the international level as well as online during the COVID-19 pandemic**



Strategic Partnerships:

GAUDETE FOUNDATION -Coordinator - POLAND

PARAGON LIMITED - MALTA

NEOTALENTWAY - SPAIN

UNIVERSIDADE CATOLICA PORTUGUESA - PORTUGAL

ECOCENTER ALAPÍTVÁNY - HUNGARY

CENTRO INTERNAZIONALE DELLE CULTURE UBUNTU - ITALY



Erasmus+



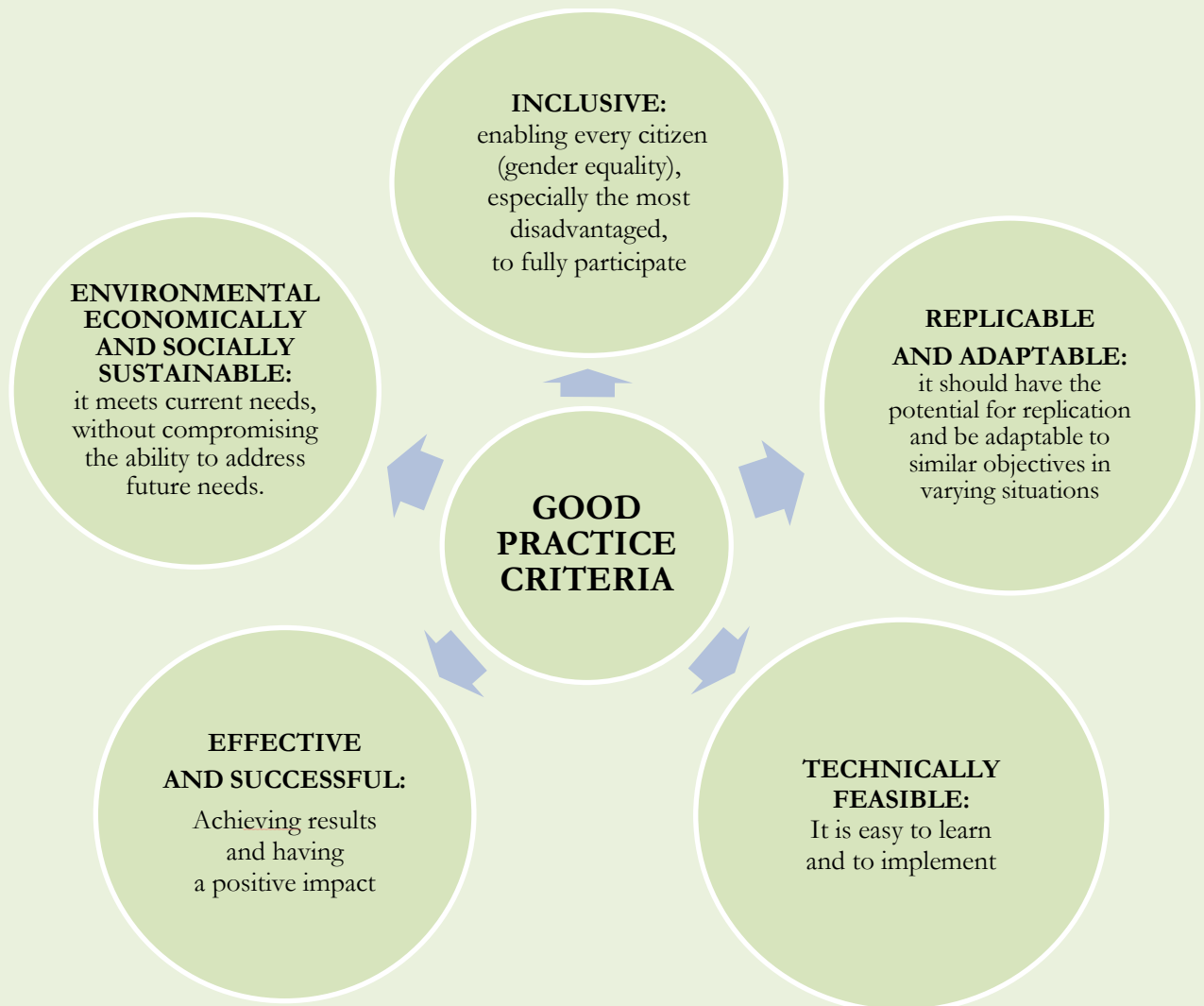
The Result 2 is a collection of experiences of partner organizations from six countries in the field of good urban learning practices based on intergenerational education.

The result is a source of experiences and perspectives for adult educators.

The Result 2 is related to Objective 2.
Strengthening the competences of educators in the field of intergenerational exchange of knowledge and experience in the field of urban education



GOOD PRACTICE CRITERIA



Definition – A good practice is a real world example (case study) of where a method or technique has been applied that has consistently shown results superior to those achieved by other means.

The case study and related approach are therefore used as a benchmark against which other activities can be measured.

Best practice is closely related to the term “state of the art”, which is sometimes also used to refer to a collection of good practice examples.



The main aim of the project is to increase the capacity of the organization to offer education and experience exchange activities to seniors in order to strengthen European identity through Urban Learning.

The project relates to the priorities

ADULT EDUCATION:

Promoting Erasmus+ among all citizens and generations by offering activities of education and exchanges of experiences to seniors

HORIZONTAL PRIORITY

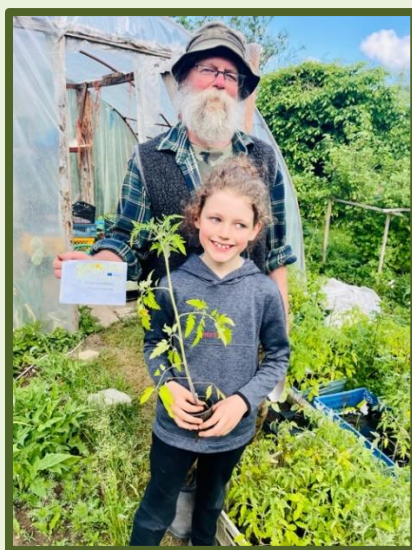
Social inclusion



The objectives of the project:

1. Exchange of good practices in the field of Urban Learning.
2. Strengthening the competences of educators with regard to the intergeneration exchange of knowledge and experience.
3. Increasing the capacity to the organisation to act the international level as well as online during the COVID-19 pandemic.





Good Practice

Name of organisation	Gaudete Foundation
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Good Practice	
Title	<p>What is the Good Practice name</p> <p>Green meadows – Urban learning</p>
Initial context	<p>Explaining the objective: Objective :</p> <ol style="list-style-type: none"> 1. Exchange of good practices in the field of Urban Learning 2. Strengthening the competences of educators in the area of intergenerational exchange of knowledge and experience in urban education
Venue , Country	Poland, Katowice, ul. Bankowa 14/225 A
Brief description	<p>Urban education in the field of ecology. Changing the city through environmental education. Intergenerational learning involving seniors, young generations, parents in joint activities. Exchange of knowledge in the field of growing plants, green city, garden or balcony. Intergenerational groups receive "seeds" - green meadows and are tasked with cultivating them. Then they share the experience in groups, show photos, talk about cooperation.</p>
Target group	<p>To whom it is addressed?</p> <ul style="list-style-type: none"> - Seniors, - Young generation, - Parents.

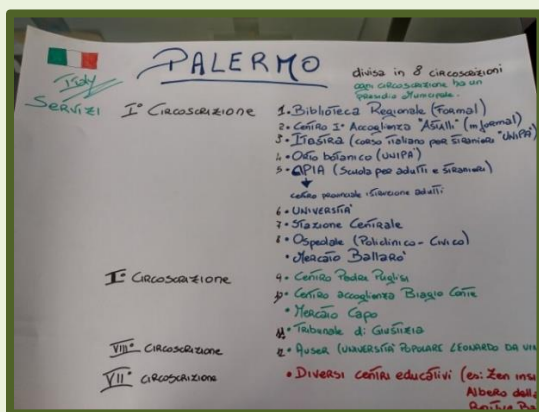


Result 2 Atlas of good practices - The Whole City Learns

Good Practice

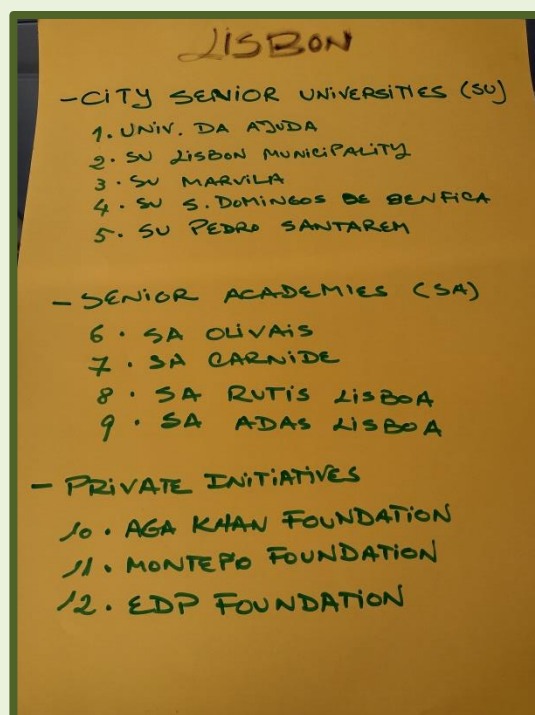
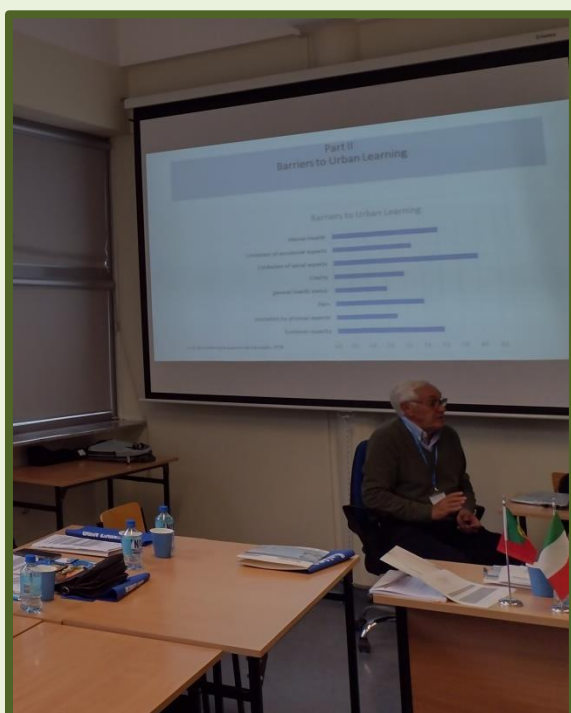
Name of Participant	EcoCenter Alapítvány
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Good Practice	
Title	<p>What is the Good Practice name</p> <p>Tango club for seniors</p>
Initial context	<p>Explaining the objective: Since 2014, they have been working to provide space, space and opportunity for the senior and retired, 50+, 60+ and older generations to build human and friendly relationships while practicing Argentine tango in a pleasant, cultured environment. Their Argentine tango courses, launched specifically for this age group, are of particular importance in the lives of older people. In addition to cultivated leisure time and building partnerships, the regular practice of tango dancing has a unique health-preserving effect.</p>
Venue , Country	Hungary
Brief description	<p>Tango courses involve learning tango very intensively, both individually and in groups. If they want to study and meet with people with rich life experience as a senior, they can have a great time here and learn to play tango in the meantime. Argentine tango is everyone's dance. Anyone of any age can master it, they don't need any prior training, dancing past, as tango is nothing more than a walk in a hug. Courses of varying duration and difficulty are available.</p>
Target group	<p>To whom it is addressed?</p> <ul style="list-style-type: none"> - Seniors



Good Practice

Name of Participant		CENTRO INTERNAZIONALE DELLE CULTURE UBUNTU ETS
Good Practice		
Title	What is the Good Practice name The "Garden of Wellness"- AUSER	
Initial context	Objective: -Promote the psycho-physical well-being of people of all ages and therefore also active aging -Disseminate the culture of legality and socio-economic development as means of contrasting the conditions of marginalization and social hardship -Facilitate the creation of an educating community in the area with the active involvement of citizens and institutions.	
Venue , Country	Palermo, Sicily-Italy	
Brief description	<p>The "Garden of Wellness" is a permanent project created in Palermo, by the AUSER association, on land confiscated from the mafia, to return into the community as a redeveloped space and a place for social gathering and intergenerational exchange. The association also offer training and recreational activities in favor of adults and the elderly and that favor interventions aimed at intergenerational exchange.</p> <p>The main purpose of the "The garden of well-being" project is to activate paths of legality in difficult contexts, and encourage intergenerational encounters for the exchange of knowledge and skills and foster a sense of community.</p> <p>The methodological approach provides for the involvement and active participation of the beneficiaries of the activities in the redevelopment of the space and in the planning of activities that meet their needs</p>	
Target group	To whom it is addressed? Senior, Adult, Young people (intergenerational exchange)	



Good Practice

Name of Participant	UNIVERSIDADE CATOLICA PORTUGUESA
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Good Practice	
Title	<p>What is the Good Practice name</p> <p>SMAS- Sensibilização Ambiental “environmental awareness”</p>
Initial context	<p>Objective:</p> <ul style="list-style-type: none"> - Exchange of good practices in the field of Urban Learning - Strengthening the competences of educators in the area of intergenerational exchange of knowledge and experience in urban education - Increase the capacity of organization
Venue , Country	Portugal- Sintra (Metropolitan Area of Lisbon)
Brief description	The strategic objective of the project is to ensure involvement in the promotion of environmental sustainability, towards a production cycle and the provision of a more sustainable public service throughout the value chain, promoting the reutilization of resources and materials, contributing to the reduction of ecological footprint
Target group	<p>To whom it is addressed?</p> <ul style="list-style-type: none"> - Seniors - Young generation, - Families.

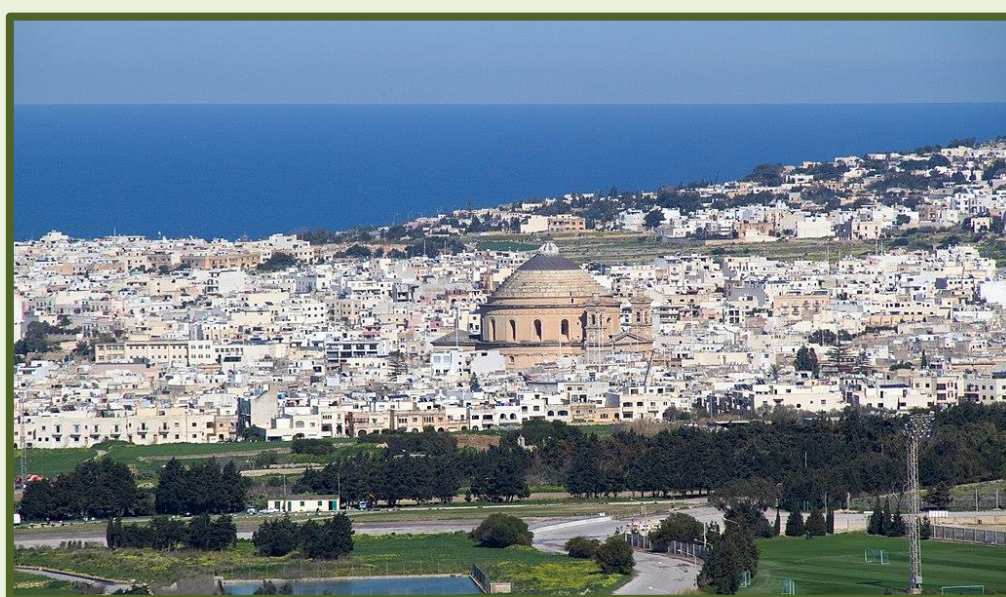


Result 2 Atlas of good practices - The Whole City Learns

Good Practice

Name of Participant	Neotalentway
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Good Practice	
Title	What is the Good Practice name Humanpedia
Initial context	<p>Explaining the objective:</p> <ul style="list-style-type: none"> - Disseminate the experiences of adults in order to teach young people and vicerverza. - Get an exchange of experiences between young people and adults. - Promote social relationships and communication between young and old. - Obtain positive behavior changes that increase the vitality of people.
Venue , Country	Granada, Spain.
Brief description	<p>With this work of good practices that we have called Humanpedia, the aim is to promote good communication between the elderly and young people where the older adults tell their own experiences or experiences that they consider important in order to achieve a transmission of educational values and a teaching about this.</p> <p>In this way, older people develop social, empathic and memorization skills.</p> <p>As for young people, they also reap many benefits from this relationship. When we bring young people together with the older ones, the academic performance of the former improves, as well as strengthening their self-esteem, motivation and optimism.</p>
Target group	<p>To whom it is addressed?</p> <ul style="list-style-type: none"> - Seniors. - Young generation. - Adult educators.



Good Practice

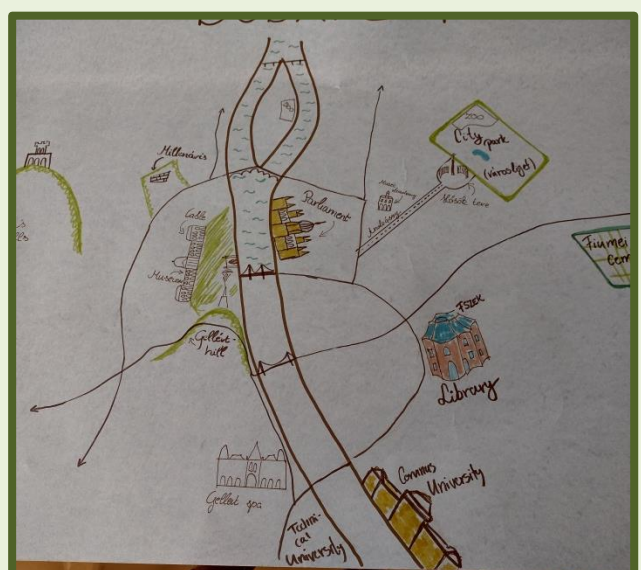
Name of Participant	PARAGON EUROPE
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Good Practice	
Title	What is the Good Practice name Adotta Anzjan - Adopt an Elderly
Initial context	<p>Explaining the objective: The objective is to bring to younger generations closer to the elderly persons in the community (in this case people living in the Old People's Home which is in the locality). Most of the Elderly in this home are also relatives of the younger generations visiting them. The Initiative is led by the KIDS CLUB which is an initiative the Local Council of Zejtun.</p> <p>In more urbanized communities elderly persons tend to be more but at time less visible due to challenges such as loneliness, mobility issues.</p>
Venue , Country	Zejtun, Malta
Brief description	<p>The activity consists of visits over the year whereby KIDS Club children visit the elderly in the Home. The Children get to spend time with the elderly persons, and these in turns recount stories of bygone times. The Children depending on the time of the year, say if it is Christmas prepare activities like carol singing and a short nativity play for the elderly.</p> <p>This initiative helps the younger generation that by keeping an elderly person company they are enriched in return as the elderly share stories and events. The elderly also prepare handmade gifts to give to their young companions.</p>
Target group	<p>To whom it is addressed?</p> <ul style="list-style-type: none"> - Elderly - Children (6 – 13 year olds)

Good Practice

Name of organisation	Gaudete Foundation
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Good Practice	
Title	What is the Good Practice name The World Urban Forum (WUF)
Initial context	Explaining the objective: Objective : <ul style="list-style-type: none"> - Exchange of good practices in the field of Urban Learning - Strengthening the competences of educators in the area of intergenerational exchange of knowledge and experience in urban education
Venue , Country	Poland, Katowice, Voidenship Silesia
Brief description	The center of Katowice was divided into thematic zones, under the common banner of "WUF in the city. Created zones: <ul style="list-style-type: none"> - Learning Zone, - Science Zone, - Innovation Zone, - Stefa Centrum, - KATO Urban Corner, - Music City Zone, - Culture and Art Zone, - City360, - Metrolab, - Urban Cinema.
Target group	To whom it is addressed? <ul style="list-style-type: none"> - residents of the city of Katowice and the Silesia region, - visiting guests, - accessibility for the needs of people with disabilities



Result 2 Atlas of good practices - The Whole City Learns

Good Practice

Name of Participant	EcoCenter Alapítvány
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Good Practice	
Title	What is the Good Practice name Sporty friends of the elderly
Initial context	<p>Explaining the objective: A joint initiative of the Athletic Friends of the Elderly with Decathlon.</p> <p>It aims to have a positive effect on the physical, mental and spiritual processes of aging through regular exercise. No need to think about huge fitness programs: everyone can find the right form of exercise for themselves! Plus, how good it feels to move together a bit!</p>
Venue , Country	Hungary
Brief description	<p>As part of their first joint action, Decathlon offered sports equipment to day clubs for the elderly at the Józsefváros Social Services and Child Welfare Center.</p> <p>The Friends of the Elderly ensured that both the donor and the donated party were satisfied, the object of the donation being what was really needed. Nothing proves this better than the sports equipment was used by the members of the club immediately upon arrival!</p> <p>Next, Decathlon hosted the isolated Mátra tour and encouraged the elderly and their senior volunteers to move around. Despite the slightly rainy weather, the program went very well, even with a surprise boating.</p>
Target group	<p>To whom it is addressed?</p> <ul style="list-style-type: none"> - Seniors, - Volunteers (seniors and young generation as well)



Result 2 Atlas of good practices - The Whole City Learns

Good Practice

Name of Participant	CENTRO INTERNAZIONALE DELLE CULTURE UBUNTU ETS
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Good Practice	
Title	<p>What is the Good Practice name</p> <p>Conscious use of social media -Training meetings on adult education-AGE Sicilia</p>
Initial context	<p>Objective:</p> <ul style="list-style-type: none"> -Support the educational responsibility of parents in the relationship with the school, with the mass media and with society - identify and investigate everything concerning the good and interests of children from a physical, psychological, social, educational and ethical point of view - provide help, information, training and advice to parents for the better development of their personality and that of their children, through the promotion, -establishment and management of family centers, -contribute to the educational work of parents.
Venue , Country	Palermo- Italy
Brief description	<p>Age Sicilia association The AGE Sicilia association is Ubuntu's partner. It is located in Palermo and mainly carries out training, information and promotion of the parental role in the educational process of children, stimulating their active participation.</p> <p>The initiative entitled "Children of the digital age, instructions for use" is aimed at parents and aims at promoting a conscious use of social media.</p> <p>The proposal aims to create a moment of discussion between parents on the use of digital by their children, and beyond, and to understand what are the dynamics and web mediated relationships.</p> <p>The activity is led by an expert in digital education</p>
Target group	<p>To whom it is addressed?</p> <p>Senior –Adult- Parents</p>



Good Practice

Name of Participant	UNIVERSIDADE CATOLICA PORTUGUESA
Good Practice	
Title	What is the Good Practice name @ativamente – envelhecimento ativo Active ageing
Initial context	Explaining the objective: 1. Exchange of good practices in the field of Urban Learning 2. Strengthening the competences of educators in the area of intergenerational exchange of knowledge and experience in urban education
Venue , Country	Portugal- Vila Franca de Xira (Lisboa Metro’politan Area)
Brief description	Develop strategies to combat isolation and promote social inclusion for people aged 55 and over, through the creation of activities in interaction with families and with children and young people that favor mutual enrichment and intergenerational solidarity; Promote active and healthy ageing, developing training actions with a view to ensuring physical and mental well-being, contributing to greater autonomy and independence for people aged 55 and over; Empower people aged 55 and over to increase their quality of life, promoting health literacy actions, encouraging the practice of healthy lifestyles and recognizing skills that increase autonomy in managing their process of care.
Target group	To whom it is addressed? <ul style="list-style-type: none"> - People aged 55 or over resident in the Municipality; - Parents - Children and young people



Result 2 *Atlas of good practices - The Whole City Learns*

Good Practice

Name of Participant	Neotalentway
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Good Practice	
Title	What is the Good Practice name Do you know how to use it?
Initial context	Explaining the objective: <ul style="list-style-type: none"> - To get to know utensils from different times by adults and young people. - To exchange cultures from different eras. - To promote relationships between adults, elders and young people and to learn new things.
Venue , Country	Granada, Spain.
Brief description	It is about the exchange of different new and old technology devices between old and young people in order to learn new things while fostering social relations between individuals of different ages.
Target group	To whom it is addressed? <ul style="list-style-type: none"> - Seniors. - Young generation. - Educators.



Good Practice

Name of Participant	PARAGON EUROPE
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Good Practice	
Title	What is the Good Practice name Social life – Learning life
Initial context	Explaining the objective: Valletta is a city on a peninsula with a long and fascinating history — but we think it should also be known for being a very dynamic and social place for locals and visitors. Its public spaces excel in ways from which every community can learn. From the provision of plenty of seating to the creation of gathering points outside of key buildings and attractions.
Venue , Country	Malta, Valletta
Brief description	Valletta is a placemaking success story, in large part due to its performance on these key factors: <ul style="list-style-type: none"> - There is ample seating available. - Important buildings connect with surrounding neighborhoods and spaces. - Gathering places welcome lingering outside of key destinations. - There are multiple smaller, connected destinations. - Bollards and sculptures encourage engagement, comfort and fun. - Destinations are triangulated with one another (cafés and steps made for sitting). - There are strong links between socially vibrant spaces. The Maltese islands offer plenty of opportunities for those seeking to learn a new skill and discover history.
Target group	To whom it is addressed? <ul style="list-style-type: none"> - Seniors, - Adult learners.

EXAMPLE OF GOOD PRACTICE

1. Green meadows – Urban learning – Poland
2. Sporty friends of the elderly - Hungary
3. The "Garden of Wellness"- AUSER – Italy
4. SMAS- Sensibilização Ambiental “environmental awareness” - Portugal
5. Do you know how to use it? – Spain
6. Adotta Anzjan - Adopt an Elderly - Malta
7. The World Urban Forum (WUF) - Poland
8. Tango club for seniors - Hungary
9. Conscious use of social media - Training meetings on adult education- AGE Sicilia – Italy
10. @ativamente – envelhecimento ativo - Active ageing – Portugal
11. Humanpedia – Spain
12. Social life - Learning life – Malta



STRATEGIC PARTNERSHIPS

The partners decided to implement the project jointly due to the fact that the partnership will generate benefits for both the target group and the implementers themselves.

The implementation of the partnership project will create added value in the form of extending the territorial scope of the project

to the area including partner countries:

Poland, Italy, Portugal, Spain, Hungary, Malta.



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